East London 10s Player Info Pack

Hi Captains and Players!

We are excited to welcome you to the first ever Eastern Cape 10s Sporting event taking place at Grens High school. We can't wait to see you for a weekend filled with sporting action and packed with vibe!

Please read below for important information pertaining to tickets, safety, cap redemptions, and more.

TEAM REGISTRATION (Accreditation, Medical Forms, etc)

Registration

The festival kicks off on Friday, 18 December 2020 07:00. Please note registration is at on 17 December at the clubhouse at Grens High School 16:00.

Accreditation

You will receive your accreditation for EL10s at registrations

Medical Info

The medical form is NB to complete FOR ALL PLAYERS. **No Medical Form = NO PLAY. Medical forms coming soon.**

18 December 2020

Gates Open: 07:00

Games Start: 08:00

Gates Close: 23:30

19 December 2020

Gates Open: 07:00

Games Start: 08:00

Gates Close: 23:30

Registration and Info desk is marked by the red star on the map on page 7. Look out for the 10s signage to locate it on the day!

Spectator Tickets

Spectator tickets are still available on the EC 10s website. Tickets will also be available for purchase at the gate. Please remember that tickets will be more expensive at the gate so rather go and buy beforehand.

Buy Tickets: Coming soon

MEDICAL

MEDICAL (SPORTMED)

Priority Care will be the official medics & doctors on hand at all fields/courts should there be a serious injury. Medics is marked on the map (page 4 ★)

WELCOME/PRIZE GIVING

- Saturday 12h00:
  - Welcome
- Saturday: 18h30 – 19h00
  - Prize Giving

PARKING

Paid Parking:

a) Baysville High school (R50 cash)

Please consider the following alternative transport options:

a) Public Transport
b) Carpool with friends

Should you park elsewhere, 10s will not be held responsible for any fines/damages.

KIDS ZONE

We have a dedicated area to keep the kids entertained on **Friday & Saturday 10h00 – 16h00,** so feel free to bring them along! There will be inflatables and many other activities to be enjoyed.

FOOD & BEVERAGE

There will be a variety of food vendors at the event.

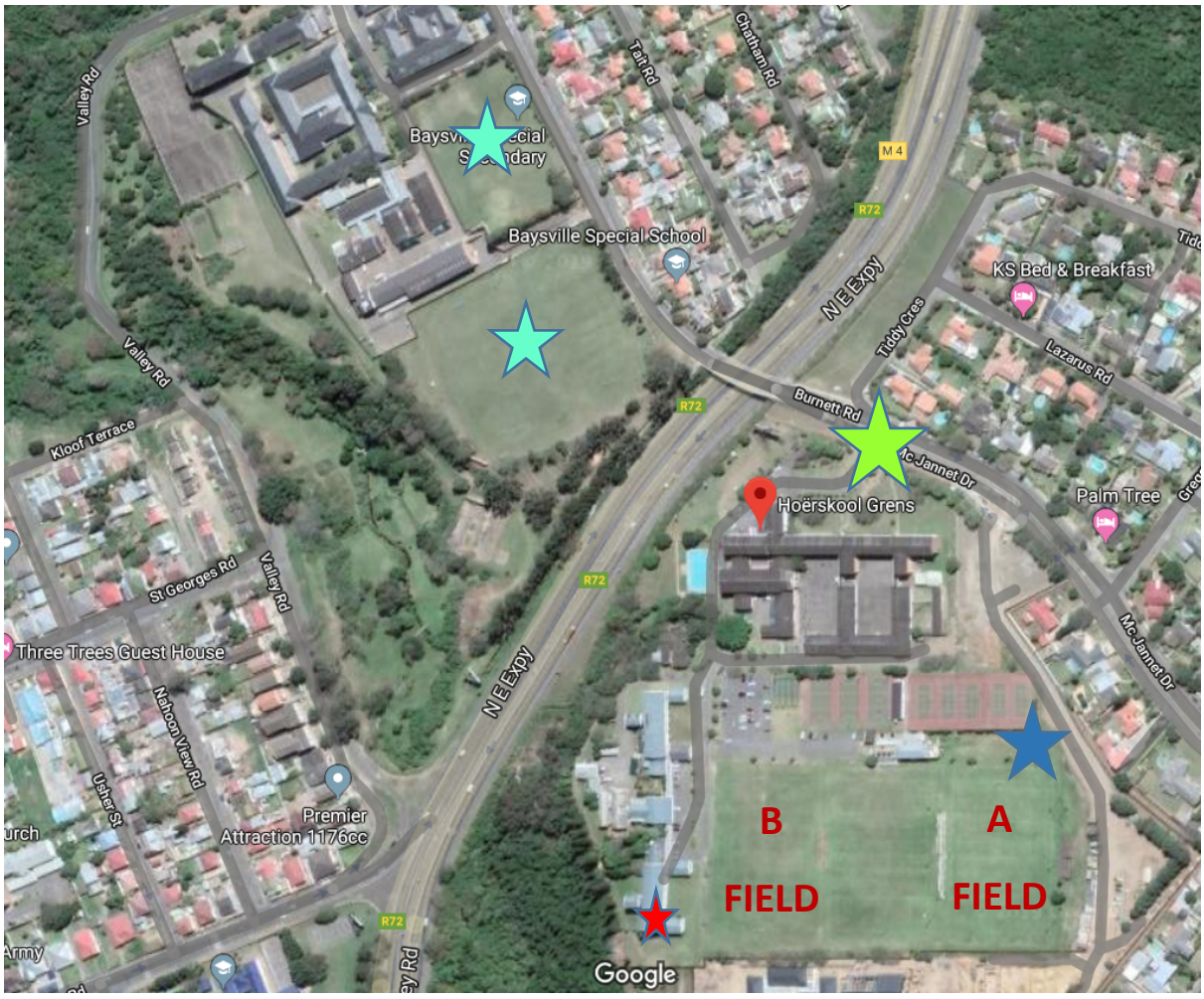
SHOWERS & CHANGEROOM FACILITIES

Male Showers & Changerooms: Grens High School Boys Hostel

Female Showers & Changerooms: Grens High School Girls Hostel

FESTIVAL MAP

★	Entrance
★	Parking Areas
★	Medics
★	Kids Area



We look forward to a weekend of fun, sport, family and friends in East London, and we can't wait to see you there!

ITEMS ALLOWED/NOT ALLOWED INTO THE EVENT

ALLOWED

- Cooler boxes
- Ice
- Fruit
- EMPTY water bottles – there are taps on site or water/drinks at bars and vendors
- Gazebos – set-up on dedicated areas
- Camping Chairs

NOT ALLOWED

- Glass bottles/items
- Own drinks – alcoholic
- Braai's
- Firearms, knives or any sharp objects